

Admire, Acknowledge and Appreciate the Men All Around You!



Men are not often acknowledged or appreciated enough. It's almost impossible to over-emphasize what a difference it can make to you and to the men around you when you really take time to notice them and acknowledge, admire and appreciate the men all around you for what they do and for who they are.

I invite you to really pay attention to the men around you and express your admiration and appreciation for the things they do. This can be a mind shift. Instead of being on guard and watching to see what a man is doing wrong, look for what a man is doing well or right.

Catch a man in the act of doing something right!

Dr. John Gray said in his interview with me that the following three phrases are like music to a man's ear.

- 1) That's a good idea!**
- 2) Wow! You're Right!**
- 3) Well, that Makes Sense.**

When you say things like this to a man it allows him to feel respected and competent. It makes him feel like he has something of significant value to offer to you and to the world. Men enjoy being around women who respect them and appreciate what they have to offer.

A man wants to know he can "win" with you.

The good news is that you can practice appreciating all of the men around you even if you're not currently romantically involved with someone.

Be willing to ask for a man's thoughts and then listen to a man's ideas and let the men around you have an opportunity to shine.

I promise you they will love you for it.

Also, if a man offers to do something nice for you or offers to help you, even if you can do it yourself, consider letting him do it for you. Then thank him for it and let him know that you appreciate it, even it's a small thing.

Most good-hearted men want to please you and feel good when they feel like something they do makes you happy. They like to feel like they are needed in some way. Even if you are very strong and independent, it can be so nice to have a man be there for you in certain ways. This concept seems very simple, but can also be very powerful too. This will also help you to learn to graciously receive the "gifts" the right man has to offer.

My invitation to you is to be very aware of all of your opportunities to interact with men. Notice them, acknowledge them, appreciate them and let them shine. Acknowledge the men who are family members, co-workers or male friends for the good things they do

and for the heart and character qualities they have which you most admire.

Please email and let me know your experiences with this and have some fun with this. This can bring both you and the men you interact with a lot of satisfaction.

Remember, when a man feels rewarded he will be willing to move mountains for you. 😊

Let me know how it goes for you.