



## Dr. John Gray

Excerpts from John's Interview *Mars & Venus*  
*Dating Advice for Women* (from the 2015  
Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

*“Women should not get lost in trying to earn a man’s love; he should do things to win her over.”*  
--John Gray

*“When you give more to a man, he tends to give less to you!”* –John Gray

*“Make sure you are not giving more than a man is giving to you. When a man gives to you it makes him feel more bonded.”*

***Three Phrases Men Love to Hear:***

***1) That’s a good idea!***

***2) Well that makes sense!***

***3) Wow! You’re right!***

*Proceptivity: Being receptive to a man.*



## Alison Armstrong

Excerpts from Alison's Interview *Be the Right Gal for the Right Guy* (from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Alison Armstrong**

“Within the first three minutes of meeting a woman, a man has pictured in his mind how she could potentially fit into his life.”

“Men can only marry a woman they think they can make happy. They ask themselves three things (1) Can I make her happy? (2) Can I give her what she needs? And (3) Does she appreciate what I give?”

Every man has already decided what women need. They'll assume that whatever you have is what you need more of. They will ask themselves if they can afford you. Can they buy your car? Can they pay your mortgage? Can they buy all of your clothes? Yes, women now have money and status, but that development is too new (evolutionally speaking) to have affected this dynamic much.

“Men aren't looking for a wife who doesn't need them.”

“Stop emasculating men! Give up on it. As women, we've got to let go of emasculation. We've got to put down the sword.”



## Cherry Norris

Excerpts from Cherry's Interview *Be the Right Gal for the Right Guy* (from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Cherry Norris**

Women are prematurely monogamous and loyal without knowing the man's true plan.

Because of this, women should always be involved in Duty Dating. Duty Dating is dating more than one man simultaneously (even if you wish some of those men would "choke on a bone and drown in their soup." You are benefitting, however, by practicing your skills with men you may not care about. This helps you prepare for the real dating where you actually enjoy the man you are with.

A man is going to be either in Dating Mode or in Courtship Mode. A woman cannot change a man's mode; and when a woman becomes aggressive in pursuing a man, he becomes lazy. He may enjoy what a woman gives them, but he won't fall in love with her.

How to Attract a Man in Six Seconds. Most men, if they are masculine pursuers, like to be signaled before they approach a woman. Drunks or geeks have no filters; they will approach a woman regardless of what she is doing. Here's how to signal:

Get in his line-of-sight and smile at him for six seconds. It will feel awkward at first, but it is a sure-fire method.

An available man will walk across the room to you.

Whoever speaks first after he crosses the room is the man. Don't initiate, respond and listen.

If he's interested in you, he will ask to see you again within 15 minutes. You don't need to talk for two hours.

"If you've got two respected partners, you've got a business. If you've got two cherished partners, you've got a friendship. If you've got one respected and one cherished partner, you've got the potential for a romantic relationship."

"If a man is a quality guy, he just wants to make a woman happy."



## Dr. Diana Kirschner

Excerpts from Diana's Interview *How to Find Love When You Feel Deserted* (from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



## **Dr. Diana Kirschner**

How to feel love when you feel deserted

“Feeling deserted or rejected is part of love. Your identity is always in flux, it is dynamic and keeps changing. The self-sabotaging part of you takes over in rejection situations and floods you with negative self-talk. It also encourages isolation from others.”

“Isolating yourself is the worst thing you can do in such situations, even though its pull is very strong.”

Resisting isolation and embracing activity will create more endorphins in your brain, improving mood.

Massage releases oxytocin, the bonding chemical.

“Put yourself in a position where you are going to be loved up and cared for by someone else. Whether that is a girlfriend, sister, or mom, you need to be able to speak your pain and have that love, understanding, and validation come in. Research shows this releases natural pain killers in the brain.”

### **The Diamond Self Exercise**

Because your identity is in flux, you can build the identity you choose. Deliberately creating an identity helps bring you alive in a real way and it opens up your charisma, your sensuality and helps you feel naturally irresistible.

The first Diamond Self Exercise is to name this new identity within you. Remember a time in which you felt precious, connected, cared-for, lovable, and loving.

Give that moment a soundtrack. Give it more color. Now make it five times better.

Give this identity for yourself a wonderful and beautiful nickname.

Imagine this new, Diamond Self Identity as the size of something that could fit in your hand. Put it aside for now and imagine a time when you were unattractive, not lovable, invisible, wounded or betrayed. This is your Disappointed Self.

Now take the Diamond Self object and throw it like a hand grenade into the Disappointed Self, blowing it to smithereens. Repeat several times!

Take your Diamond Self Identity with you when you are shopping, dating, or anytime. This new identity will come from the sensual you, the loving you, the irresistible you.

I do not care if you are overweight or what age you are. All of those things are immaterial to your Diamond Self.

### **The Luscious You Exercise**

Imagine your favorite dessert. Imagine eating and enjoying it. Think about how you feel in the moment. Imagine the wonderful flavor and texture.

Now imagine yourself in a social situation. You *are* that dessert. You are yummy and delicious.

This opens up the natural and electric sensuality that all women have.



## Jonathon Aslay

Excerpts from Jonathan's Interview *What Men Really Think About Love, Sex & Commitment* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Jonathon Aslay**

Men in their 20s are driven by testosterone. We have a blueprint of what our life will be like. But eventually the blueprint collides with reality. Men begin to ask themselves “Who am I?” and “Why am I here?”

Men are not natural avoiders of relationships. When a guy is happy with the person he is with, he wants to stay there. However, a man at this crisis point in his life will seem unable to commit.

The challenge for men is having the confidence to meet women. Men seek guidance and confidence. Men are attracted to confident women. This type of woman is ‘giving love from her overflow, rather than seeking love out of lack.’

Many single women are coming from a place of lack; they are not solid in their own self-love. They therefore attract men who are boys, not men.

Man = He who takes personal responsibility for his actions. Also, his actions match his words.

What is a ‘quality man?’ He is a ‘grownup man.’ He is everywhere. If a woman focuses on the cheaters, jerks, and players, then all she will see is that kind of man. If a woman shifts her focus to men she can respect, she will find them all around her.

Start by listing all of the men you know who are ‘quality men.’ Focusing on their characteristics and noting who their friends and associates are will lead you to more such men.

Both men and women today are lost. They don’t know what good quality relationships look like. Role models for good relationships are hard to find. Why do men pull away? For two primary reasons, (1) they don’t know how to recognize a good, healthy relationship, and (2) a crisis or transition in his life is undermining his ability to have a stable platform what which to launch a meaningful partnership.

When you start with ‘conversation’ and not ‘confrontation,’ you can explain your position without the need to be ‘right.’ You can give you partner the opportunity to do the same. This brings you back to love.

When we’re holding on to past hurt and pain, we are ‘blocked’ from obtaining new love. When a woman projects this energy, all a man can see are the men who have hurt her in the past. Often, that is why a man will not call a woman back after a first date.



## Bobbi Palmer

Excerpts from Bobbi's Interview *3 Keys to Your Grown-Up Love Story* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

Bobbi Palmer

Three keys to dating in a way that lead you to your grown-up love story.

1. Balancing Head and Heart

We're so pragmatic and prepared in all other parts of our lives; however, we often approach relationships with our emotions only. You need to know that you are dating grownup men. They're not the jerks you dated in your twenties.

2. Showing Kindness to Yourself and the Men You Meet

"If you want to meet a grownup man, you need to be a woman you can graciously receive. They're looking for a lover, not a colleague."

If you want to date in a meaningful way, you cannot just put the man on trial. You have to take responsibility for your part. Help make conversations and interactions meaningful. Don't just share nuggets about your life, but also share why those things matter so much to you.

"Chemistry is for teenagers."

3. Taking Responsibility for Your Actions and Your Outcomes

After 30 years of dating, I finally discovered that "It can't just always be them."

"Dump the desire to be dazzled. You're looking for a 'Mate' not a 'Date'. Focus and what will make you happy in your life. It's your responsibility to help men get to know you."

"Independent women who have had to care for themselves and their families often have difficulty bringing out their feminine sides."



## Lara & Johnny Fernandez

Excerpts from Johnny & Lara's Interview *Men of Quality Do Exist* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Johnny & Lara Fernandez**

“Soulmate love is your birthright.”

Attracting the right person comes from an abundance mindset on your part. How do you develop this?

First, we live in a benevolent universe and are cared for by a higher power who loves us.

Second, soulmate love is the birthright of all who exist. However, that doesn't make it your destiny. Your destiny is determined by the actions you take on a committed and consistent basis.

Third, there is a shift of consciousness that is happening on the planet. A patriarchal “might-is-right” mindset is giving way to a more feminine, collaborative consciousness.

Four, in order to step into your feminine power, you must be collaborating and working with other women, rather than competing. This community of like-minded women will allow the attraction of abundance to radiate from you.

Two mindsets exist. The first is the “fixed mindset” in which people believe that the characteristics that define them and their lives are set in stone. They go around trying to prove something to others. This mindset is not friendly to love and blocks you from absorbing new learning.

The other mindset is a “growth mindset.” This means your abilities and characteristics can be developed through work. It embraces possibilities.

“We're intentional in every other area of our lives, but we tend to believe that in relationships some fairy godmother is going to sprinkle magic dust on us and make it all work out.”

“Panic and desperation, or frantic energy, cannot generate soulmate love. It is blocking energy, not attracting energy. What creates attracting energy is the support you receive from like-minded people who have been through a similar experience.”





## Judith Joshel

Excerpts from Judith's Interview *Should You Sleep With Him* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## Judith Joshel

“So many of the women who complain to me about never meeting men who will commit are women who too often sleep with men quite early in the relationship.”

“Unlike women, men do not bond to women immediately through sex.”

“If you make it so easy for a guy that he doesn’t have to win you, you’ve taken away one of the most exciting and enjoyable parts of being a man. Men love the challenge of meeting, attracting, pursuing and winning a woman.”

“Mature guys want to be with a woman who values herself.”

Advantages to waiting for sex:

(1) You will be getting know him.

“Chemistry and Falling in Love are two different things.”

(2) You will have attention from other males.

This will help with your self-confidence and self-esteem. Self-confident women are very attractive to healthy guys. Feelings of neediness and desperation drive good men away.”

Let a man know that you are attracted to him, love his company, and want to continue seeing him. Let him know that you’d feel more comfortable getting to know him better.

“You’re looking for a guy who will honor you and what you need. If he keeps pressing you, you know he’s not a man who is looking to honor what you need.”



## Kimberly Seltzer

Excerpts from Kimberly's Interview *What to Wear & What Not To Wear* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

It takes only 30 seconds to make a first impression.

People in general (not just men) make their judgments and assumptions on two things:

- 1) What you are wearing
- 2) How you are showing up (your attitude)

These are changes you can see and feel immediately and then embody.

Men are attracted to happy, confident and relaxed attitudes. The clothes you wear tell a story about who you are and what you think about yourself. Make sure your clothes make the statement you want for your image for a date or the occasion.

Choose your clothing to reflect your true beauty as a woman. Clothes can also act as a shield.

There is a symbiotic relationship between what you are wearing on the outside and what is going on inside. By acting as if, it can actually make you become. Try things on and see how you feel and how others respond to you.

Men says a great dating image is one that makes YOU feel comfortable, confident and sexy. Ask yourself what you LOVE about your body.



## Tammi Baliszewski, PhD.

Excerpts from Tammi's Interview *Love from the Inside Out* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Tammi Baleszewski Ph.D.**

Theme of interview conversation with Tammi Baleszewski:

### Manifesting Love from the Inside Out

On all of Tammi's books is the subtitle: "From The Inside Out" as part of the title

Tammi believes that from the inside out is very significant for the world is a manifestation of the mind. One's outer gallery is a mirror of one's thoughts and what we believe we are at the deepest level. It mirrors, what you believe and think you are. One's thoughts, what one believes, believe you deserve, who you think you are at the deepest level is what determines who and how you are.

What changes things is when you take responsibility for the - in here – your thoughts and what you believe you deserve in your outer realm. When you take responsibility for who you are inside will change your outside.

Tammi underscores the point that her shift from unhappiness to a deep wonderful relationship came only when she took responsibility for her inner realm and closure and sought inner power. She shifted from being a victim to seeking strength from within to a relationship of her dreams.

Discovery of a relationship with yourself and God is empowering. A pity party and choosing to be a victim leaves you powerless. Tammi stresses the importance of placing God first – for he is always there, yourself second – for you must become whole, and your partner third. Don't be selfish with a capital "S" but place value in you and recognize the power this can bring to a relationship.

Tammi underscores the reality that many thoughts have been programmed into our subconscious mind from birth. They are not always beneficial or accurate. Through deep meditation one can

recognize the incorrect information and pull out what you have programmed out and implant new and correct content which can make you whole.

It is imperative to make friends with one's unconsciousness. Clarity with your inner self and cleansing incorrect information programmed in our subconscious mind. We need to program the correct information to change the outside and it will. You can create a new reality - you have the power to attract what you really want if you clearly understand your inner self.

As you get away from your divine child because of dissolution and earlier strong emotional wounds you sabotage yourself. You must go back to the divine child and be inspired. That is when you become whole and capable of being your real self. It is your spiritual self and divine child self that is vital to become whole.

We attract people that are like how we feel and treat ourselves. You must seek to take care of your relationship with God and your divine inner self. As you do so your life will take a positive shift.

Tammi's parting thought:

Decide what it is you would want that man of your dreams to say to you or about you. Then stand in front of a mirror and express that thought to yourself. Say that message out loud to yourself as you look in the mirror. Love yourself and feel your inner power.



## Wendy Newman

Excerpts from Wendy's Interview *What I Learned from 121 First Dates* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



**Wendy Newman**

**“What I Learned on 121 First Dates”**

Look for ways to obtain for yourself those things you hope to receive from men. Buy yourself flowers. Get a lovely massage from a man. It can make you feel as if you have multiple boyfriends at once.

Our culture so encourages us to be in a driven, accomplished, masculine mode, that we must take the time to do things that make us feel cared for and energetic. Men want to marry women, not burned out versions of themselves.

Get a dating buddy: a girlfriend who will be your support system throughout your dating experiences. Having someone who witnesses your life, shares your experiences, and listens to you will go a long way toward healing your heart. This works a lot better than trying to get sympathy from a Facebook post.

Don't wait to start dating. Don't tell yourself you'll start dating after you \_\_\_\_\_.”

Biggest dating mistake was not putting a full body shot onto my online dating profile. Show your curves! Let men see who you are before you ever meet in person.

You can date men outside your “type”, but not men outside your “tribe.” A man who you don't think is your type (in terms of physical characteristics) can grow on you and become more “sexy”. Someone in your “tribe” is someone with a similar worldview, a similar sense of humor, and a compatible value system.

Men are not intimidated by smart and successful women. The problem comes when self-confidence gets mixed up with self-sufficiency. A man may not need to provide financially, but he needs to provide *somehow*! Once you start competing with a man, you'll find yourself in a masculine energy position that says “Game on!” Once you say that, a romantic relationship with a man won't be in the cards.



## Amy Schoen

Excerpts from Amy's Interview Are You Motivated to Marry from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

Amy Schoen: Discover if you are motivated to marry or not

Dating for a purpose and a reason for marriage and qualifying that person is a necessary part of the dating process. People are motivated for dating for a variety of reasons. Not all are interested in marriage or having a family. It is important to learn if a man is interested to commit to the relationship you want. Therefore, before you get too emotional involved you put out there what you desire. State that I am interested in marriage and having a child, how about you - and then set back and listen to how he reacts - a guy will tell you what is up with him. You can get clues that the he has similar interested or not. If you do so then you attract what you put out or at least not waste time trying to make a relationship work.

Amy's advice: If you want a long term relationship realize some don't have the capacity to connect. Listen carefully to the conversation of the man you date. It is a high priority that you listen to what a man tells you what he wants. A guy usually tell you what is up with him. A marriage is not for everyone. Some are not willing to compromise so you must be real clear about intentions. Look for a like-minded relationship.

Amy underscored important things to consider and focus on in evaluating someone to be a potential a partnership: There are three things:

- 1- You do a deep value clarification to determine what really matters to you – discovering what's really important to you and then you can better evaluate who you date.
- 2- Like direction - You need to be going and want the same things in the same direction.
- 3- Can you really live with someone is there a real deal-breaker – a wart you can't tolerate or overlook. Discover what you really want.

What stops a relationship process? Internal road blocks – look to focus on what they you have to offer in a relationship and not the what-not.

External road blocks – the other things getting on in our life.

You have to go through your own due diligence. You look for a person who starts thinking of a “we” relationship, not what I want. Those who stick with the process are the ones who succeed.

Amy's parting thought: If you are motivated to marry stay true to moving toward your goal - you can find your marriage partner.



## Lisa Copeland

Excerpts from Lisa's Interview *The Four Magic Words Man Love to Hear* from the 2015 Ready for the Right Guy Global Telesummit.)



Theme for interview comments with Lisa Copeland:

The Four Magic Words That Men Like to Hear. Actually there are two phrases; one is four words and one phrase is six.

1- I need your help

This phrase makes a man feel like a man – he feels needed. Men are coded to make you feel safe and provided for to the best of their ability.

2- Could you do me a favor

Don't over give to a man – "I am a woman let me roar" and in doing so I as a woman am emasculating men.

When men can help you - watch things happen. Men feel if you want to be with us you need to make us feel like we can win and be given the opportunity to help. Let them help do you a favor.

Lisa's focus is for women dating over 50.

It is important to gracefully accept a man's time, the things he can do for you and gracefully appreciating him. Don't give to him too much and let him figure out the way he can do it. Women as they get older have been taught that everything must be equal rather than let the man provide.

Men need to pursue you. Favor men and let them know you are interested in but don't be too go to the aggressive mood. Our pride to be independent can get in the way of using male energy. Lisa suggests to have male friends. It is in a man's D&A to help. She learned to ask a male subordinate could you help me and then expressed appreciation for his help - you could see his satisfaction as he puffed out his chest. Woman must not micro manage men and must not try to tell them do what they do.

If you want them to be your hero you must let them do their thing. If you ask a man to do something for you it is a mistake telling him how to do it. It is very important to consider how you can put him in a position to be your hero and help and provide for you.

Your true female power comes from getting a man to help you. It is all about complimenting each other.



## Nijole Sparkis

Excerpts from Nijole's Interview *Heal Your Shadow & Attract Your Soulmate* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

You have to be whole first. You connect with God first. Our Higher Power always brings us everything that we need. Affirmative Prayer. Pray as though your soulmate is already there rather than praying that he will come.

The Universe is a reflective system. It will bring you who you are, what you are, what you are reflecting.

Example of affirmative prayer: I already have my soul mate, I feel him.

As you grow, you will stand up for what you want more and more.

When you are aligned with your higher spiritual power there are synchronicities and miracles.

What is our shadow? One definition is our shadow is our blind spots. It's all the parts of us we have disowned, our fears, our shame, our perfectionism, etc.

One way we can identify our shadow by who we attract. For example, a high achiever may attract a low achiever. It is nature's way or trying to balance you out. We have to look at the results we are getting and interpret them.

We can also look at our fears, or what we don't want to be.

The important thing is not to try to get rid of the fear, but look at fear as a great servant and a lousy master. We want to have power over our fear.

We attract what we vibrate energetically.

When you have a loving relationship with yourself can be the key to getting the relationship you want. If you put yourself way down on the priority list, you will likely attract someone who puts you way down on the priority list.



## David Steele

Excerpts from David's Interview *Radical Dating*  
from the 2015 Ready for the Right Guy Global  
Telesummit.)



<http://readyfortherightguy.com/vipdown/>



## **David Steele: Radical Dating Five Essential Principles for Finding Lasting Love**

Conscious or radical dating is extraordinary dating on steroids. When you want to have an extraordinary life you need to shoot high or you will fall short for yourself. You aren't going to get it if you don't aim for it. To be conscious is simply to be aware. Obtaining clarity and being crystal clear about what you want is essential. Then you are ready and clear so you can find the love of your life. You need to be clear and then you will know.

If you want to have a relationship to make your heart sing you should not sell yourself short. Great relationships require making good choices and practicing good effort intentionally and being ready and willing to embrace and step into a relationship when it is before you.

David expressed that in the adult world we live in doesn't necessarily mean we are ready for a relationship but vital that we are ready. And the one single most important thing that is the first step to find the extraordinary love of your life is readiness. David's strong emphasis is that readiness is the first step otherwise the one big mistake that is made in your life is – SETTLING – settling for what you think is all you can get or what you deem you qualify for, deserve or is available. So many settle for the 20% that is not there and never will be. The mistake of settling caused David to express the Mantra "I would rather be single than settle." Close the door on the 80% of what you want. Don't settle for less. Go after what you want. Don't talk yourself out of settling for even 1% of what you want. If you allow yourself to think you don't have the ability to have what you want you won't. This is why it is important to have clarity of who you are, what you want and how to get what you want.

One thought which should give to you comfort is that at the same time you are searching for your soul mate he is also looking for you. You are not a lone as the search is going both directions.

David's five essential principles for finding a lasting love – the guide to happiness are:

- 1- Truly believe you deserve to love and be loved.
- 2- Be ready and available for commitment. If you are not ready it will never happen.
- 3- Honor your deepest needs and requirements. Be sure you know or discover your requirements then honor them – don't settle for only 80% of your requirements.
- 4- Be true to yourself – absolute commitment and prioritize your partnerships happiness and expect it from your partner. Be true to that.
- 5- True love requires risk. It is not all about solving every problem, you will not be happy without taking a certain amount of risk.

So you might ask how you can find the love of your life using the foregoing five principles. David's four steps for conscious dating can be utilized.

- 1- Scouting - Finding someone to meet – there are countless ways from online to many other conscious efforts.
- 2- Sorting – the process of determining if someone is a possibility.
- 3- Screening – Collecting enough information to see if your requirements can be met. There are two important types of screening and the first is to “screen in” which is to give that person who has passed the scouting and sorting steps the possibility to give him a chance, that he might be worth more consideration. Think of all the good reasons. However a second part of the screening is to “screen out” look for a good reason for screening out. You must be true

to yourself and your requirements. This is not being cruel but in the end kind to you both.

- 4- Testing – have some experience together and test the scouting, sorting, screening steps. Giving this effort a test can help you arrive at a decision quickly.

You can find that needle in the hay stack if you follow the five principles and four steps discussed in this interview.

David's final point is don't try to do it alone. You can achieve anything with enough support. Use a trusted friend, a professional coach or therapist. Success always is accomplished with the support of others.



## Kathryn Alice

Excerpts from Kathryn's Interview *Have True Love Show Up at Your Door* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Kathryn Alice**

### **Obstacles to Love**

The Biggie: Being attached to someone else (either presently or to a past love).

The Others: Low self-esteem. We're not deserving of love. 90+% of the people I have worked with started out thinking they were not worthy of love.

Cynicism doesn't go with love. Guarding against being hurt will prevent you from experiencing love.

It's not enough to just "get out there." Your inner preparation to attract love to you is even more important.

You could be on multiple dating site and go to a host of parties, but if you are harboring desperation or cynicism you will sabotage your efforts.

Only 10% of people have a "love at first sight" experience. However, you will know very quickly if there is no chemistry between the two of you.

Don't give up. You have every hope for love. Even if you are older or less than perfect, you never have to settle. Love is not like a career. It's not linear. With love, it could happen any minute.

A "soul call" is an inner call to your soulmate. It is achieved through guided meditation. An outer "soul call" is also needed. This outer call represents you making efforts that go contrary to your normal patterns.

Do not avoid people because you think they are "too hot." People you find very attractive are also very likely to be your soulmate.



## Dr. Monique Belton

Excerpts from Monique's Interview *Smart Business Strategies for Love* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Dr. Monique Belton**

“The only things you can control are your own behaviors and thoughts. You have to change your mindset and develop a systematic way to look at ‘Candidates’ for a relationship. ”

“Your procedure should be to ‘Hire Slowly’ and ‘Fire Quickly’.”

“People don’t want to wait the amount of time necessary to really get to know someone. You need three months at least. You need to peel away a person’s public persona like an onion and get to what you’re really looking for.”

“You must start by asking yourself what you need in a ‘Candidate’. What is non-negotiable? What are the deal breakers? You wouldn’t hire a secretary who couldn’t type or a receptionist who was rude to people. Your criteria list has to include more than just ‘Charm’.”

“Next you need a probationary period. This is where the three month rule comes in. This helps to detect addictions and other deal breakers.”

“Do not get too sexually involved in the beginning. Oxytocin, the bonding hormone, will make it more difficult to leave that person. Also, don’t date anyone with more problems than you. Nobody should be a project.”



## Debi Berndt & Dr. Robert Maldonado

Excerpts from Debi & Rob's Interview Create Conscious Chemistry from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



## **Debi Berndt & Dr. Robert Maldonado**

"We want to be on a mission to tell single people that there's nothing wrong with them."

"Look within yourself first, rather than looking externally."

It's not about being on the right dating site. "Focused on what the other person is doing and reacting to that." ← Stop

"If you start by going inside, you'll always be in control."

"Until you make the unconscious conscious, it will direct your life and you will call it fate." Jung

"You can make a connection with another person without idolizing them." "Dating tips and tricks are about putting on a false persona that will fade away." "You are lovable, but what you are projecting is from this unconscious."

"You chose the love life you have right now, unconsciously." "You are working against yourself rather than against outside forces."

"It wasn't because I wanted a bad guy, but because I was drawn to men that were psychologically familiar to me."

"You can change the part of your psyche that responds to men in certain ways."

"Go back to your childhood. What was your relationship with men? What stopped you from getting really close to them?"

"You need to go to childhood, but not in a blaming sense. As we do that we bring light into the unconscious part of our minds."

"When you have that chemistry, the person is more like you than you think."

"If you are always attracting the non-committal person, look inside and find it is telling you something about you."

"Unconscious chemistry is not love. Love is an excitement coupled with a hesitation." "The only way you know is to go through the relationship and see."

Four levels of love

Animal attraction

Romantic attraction. Mind brings in all the mythology of the unconscious.

Conjugal love. We honor each other as human beings and respect each other.

Spiritual love. Relationship takes you to heights in your being you otherwise could not reach.

"Notice where you are running from with your feelings. Notice the triggers you have around love. Try to be more conscious with them instead of pushing them away. They're showing you where the walls go up. It has a message and is showing you something to pay attention to."

"Our essence as human beings is love. There is nothing to create or acquire from the outside world. We are made of love."



## Adam Gilad

Excerpts from Adam's Interview *Refine Your Filter for the Right Guy* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

Be clear about the character of the man you want to be with rather than just his characteristics.

Focus on character. Give him “victories”.

When you communicate this do so through the lens of admiration. A good man needs to feel of service. He needs to have small victories. If you can't feel like a victory in his life, why would he bother?

You need to speak in the language of the gender you want to attract whether online or in person.

Inspire and love him into his greatness.

You want to communicate in your profile that his life would be better with you in it. Dating in some ways is marketing. You have to communicate in way that inspires him for you to get best results.

A lot of people say so how do I find the right guy? That's not the right question. The better question is how to you become so awesome, and so radiant and loving your life so much and so clear about what you want that they right guy will say WOW!

When you are holding the winning lottery ticket in your hand you stop looking for other tickets.



## Ronnie Ann Ryan

Excerpts from Ronnie Ann's Interview *Flirt:Fan the Flames of Desire* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Ronnie Ann Ryan**

A woman's attitude toward men colors and impacts everything about her dating life.

A first step is for women to have an appreciation for and an admiration toward men. Many women are angry and frustrated toward men, but also want to find a man. This creates a chaotic energy within them.

Women don't realize that men are picking up on this energy. In fact, women can even attract the wrong kind of man through this energy.

"Start to think about what you love about men. When you get together with your girlfriends, discipline yourself to mention something that you admire about when. This will attract the right men to you."

Start by asking yourself, "Am I approachable?" Most women are not approachable. You need to appear friendly and warm and not scary. Are you giving a man the Holiday Inn treatment or the Ritz Carlton treatment?

Men choose women who make them feel good. When you are warm and hospitable, you are making progress with men. A woman who is friendly with men who ask her to dance will find more men coming up to her asking for dances!

When you flirt, you leverage the gifts God gave you in your favor. The masculine energy in a man will be drawn to this. You cannot take the D.N.A. out of dating. The initial attraction we feel goes back to ancient and archaic dating rituals.

Flirting is acknowledging a man's attention and letting him know you are open to meeting him. Here's the acronym to remember:

F = Fun

L = Light

I = Interactive

R = Romance

T = Transformer



## Sandy Weiner

Excerpts from Sandy's Interview *How to Talk so Men Will Listen* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Sandy Weiner**

John Gottman did one of the first empirical studies on relationships. He could tell within 5 to 10 minutes of an argument breaking out whether a couple would Divorce. The four factors—which he referred to as ‘The Four Horsemen of the Apocalypse’—were as follows:

Contempt

Defensiveness

Criticism

Stonewalling

All of the above are symptoms of our inability to deal with emotions.

We’re not familiar with expressing ourselves. We don’t understand how to correctly identify and take responsibility for our emotions. ‘You’re a jerk!’ is a judgment, not an emotion.

“We come from different backgrounds and different places. Often people say things that they don’t mean to be hurtful. We tend to look for the worst in people, but we need to look for the best.”

The common theme running through the above Four Horsemen is a lack of safety in the relationship. Communication is hamstrung because we don’t feel safe in expressing ourselves.

Sharing emotions is not always appropriate. If someone has disappeared or detached from the relationship, you should just let them go. They aren’t in a position to ‘hear’ your feelings. They’ve written you off already.

In a good relationship, it’s not hard work. Of course it requires some energy and effort; but there are so many gifts and benefits to be had that it becomes joyful.



## Leila Reyes

Excerpts from Leila's Interview *How to Reclaim Yourself After Divorce* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



## **Leila Reyes**

### The Three Cornerstones (“Cs”) of Reclaiming Yourself

#### 1. Consciousness.

Your awareness is going to make a huge difference in your ability to heal. If you use the same tools of thought and communication that you’ve always used, you’ll just attract the same people and circumstances you always have. You can’t heal what you can’t feel.

For example, if your programming is centered on a fear of being alone, you will unconsciously make relationship decisions based on that fear and move too quickly into new relationships.

#### 2. Connection

People often isolate themselves after traumatic breakups. They consider themselves failures and don’t want other people to see them as such. Such isolation tends to reinforce itself over time and doesn’t serve you well.

A coaching relationship can be a key connection to break this cycle. An exercise to encourage Consciousness and Connection is to become aware of where we are in our bodies. Curl up in a tight ball and try to say “I feel happy.” It doesn’t work. Now, stretch out with your hands high in the air and try to say “I am so depressed!” That won’t work either. Your bodily position will have a profound effect on your emotions.

#### 3. Compassion

We don’t treat ourselves very well. The unconscious place we usually retreat to is one of individual inadequacy. Our goal must be to constantly silence and exclude from our presence the inner critic. Always ask yourself, “If I was my own best friend in this situation, what would I say to me?” We can always nurture new parts of ourselves. Perhaps we can introduce the “Inner Wise Woman” into our consciousness.



## Mary Jane Kapteyn

Excerpts from Mary Jane's Interview *Nice Girls Finish Last* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Mary Jane Kapteyn**

“Niceness becomes a problem when we’re too nice and our over-giving boils over into resentment.”

Niceness in a Bad Way = Giving up me to be loved, accepted or liked.

“Being nice almost guarantees that a woman will stay single and finish last.”

“I was terrified that once I got a man he would discover my imperfections he would abandon me. But, the more I gave the more alone and insecure I felt. I never stopped to ask, ‘Is this the man for me?’”

“If you over-give with a man, he actually can come to see you as ‘less than’. He’ll get lazy.”

Nice girl tactics to avoid:

Initiating: “Some women think ‘If I don’t do it, it will never happen.’ Men might find it flattering at first, but eventually will feel controlled.”

Neediness: “She pushes men away because she’s starving for love and he senses that and feels pressured.”

How to Overcome “Niceness”

#1 Stop Dating Jerks: “if a man is making you feel insecure and “not safe”, then you’ll fall back into the “nice girl” behaviors.

#2 Become ‘You-Centered’ rather than ‘Man-Centered’: “If your own ‘love cup’ isn’t full, you can’t give to others. You must constantly affirm your own value.”



## Terry Herson

Excerpts from Terry's Interview *Attract & Marry the Man of Your Dreams* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## Terry Herson

Theme of interview conversation with Terry Herson:

How to Attract the Man of Your Dreams

Terry offered two types necessary to attract the man of your dreams.

- 1- It is imperative to let go of your past both mentally and physically.

She offered two tips how to do it.

Pray for all the Mr. X's happiness that have hurt you and let them go. You must release them and fill yourself with power. That power will come as you release the past.

Change your environment even if it is to simply paint a wall or a room. Change the then to this is now.

- 2- Write a list of the things you didn't like about all the past relationships. Then you know what you don't want and are better able to determine what qualities you do like.

Itemizing the qualities you want is powerful. You begin with the idea in your mind can work magic and he will appear.

Terry highlighted the biggest mistake and the best approach to a first date. Don't go on the date like you are going for a job interview trying to underscore all your qualities. Simply go relaxed with the idea that you are going to make a new friend. Listen twice as much as you talk and you will learn much more about your date. Just relax and enjoy yourself. Don't have expectations that every man you meet will be right for you – it simply doesn't happen. Go have fun. Initially meet in a safe place where you will feel secure.

Terry offered suggestions where a single woman could meet high quality men. Volunteering by finding a cause you can be passionate about. You may find a quality man with that passion or a woman

friend who knows someone. Often you will meet quality men through a new or good female friend. Go to parties or if you don't know of one throw your own party and invite quest to bring a friend. Join a club. Get out of the house. You might be surprised how many men meet at cafes and coffee shops. Any place there is music usually attracts. Remember before you go out let go of the past and be a whole person that makes you – you.

In response to a question about what does a woman do when she had been on several dates and felt like things were progressing and then the man disappears – what does a woman do? Leave it at that. Let it go. Don't take it personal. It isn't you – it happens to everyone. Simply say okay – next – let it go.

It is not your job to read someone else's mind. If a man is hungry he makes himself a sandwich. Get on with your life and let him prove himself and appear.

Terry also talked about EFT – Emotional Freedom Technique

Often many walk around with pre-conceived internal beliefs. Clearing one's energy as one is conscious of the self-protection beliefs that cause negative actions. Sometime you are not aware but being conscious of the possibilities of freeing yourself from those beliefs gives renewed power. You can find much on line to understand clearly all about EFT.

Before you leave the house (use a pen and paper over a period of several days) knowing what you have to offer. When you write down all the good attributes you have. Although you are not going out and announce to the world I make the best chili you write all your good qualities. Build yourself up and know inside of you that you feel good about yourself and others will see that in you.

Terry commented about the misfortune of missing your man meeting opportunity. She suggests that when you go out you wear something that will make you feel good about yourself. Put your best foot forward. The world is a stage and a small effort will make you feel better about yourself. This is a positive gift you can give yourself.

Terry Hernon's final tips:

Release those who are unreliable. Don't let a man play with you by going in and out of your life like a rubber band. Trust yourself and your own feelings and emotions. Check-in with your feelings for they are there for a reason. Notice if your feelings are good or negative feelings. Don't override them – they are telling something you should pay attention to and consider.



## Sandra Fidelis

Excerpts from Sandra's Interview **3 Reasons You're Still Single** from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



**Sandra Fidelis**

### **Three Reasons You Are Still Single**

There are many common limiting beliefs that women share such as, they don't feel good enough about themselves to have a relationship with a man. They feel like they will never be loved by a man the way they want to be loved. Also, they blame their frustrations on something else or someone else and circumstances.

It is essential women discover how they view their self and redefine what they believe they deserve in every area of their life. Sandra teaches how to shift their views of self and redefine her needs and how to attract that person.

Limited beliefs held too close push other quality potential relationships away.

Three main reason for failure:

- 1- They are afraid that a relationship will limit their freedom and inspiration.
- 2- They are willing to invest time, energy and even money into their career and education but aren't willing to commit the same effort into their live life.
- 3- The fear of intimacy. It is helpful to break down the word intimacy into – In To Me See – and note that many fear that when a companion really gets to know and see their inner self will destroy them.

Woman need to understand there are an abundance of men who would like a lasting wonderful relationship. However many limit the number of quality men available by how they feel about themselves and their circumstances. It is important to recognize you attract by what and how you feel about your inners self. Write down what you want shift your thinking away from all limiting feeling and seek higher expectations.

Men want to serve you and provide for you. Men have are afraid of rejection so you need to be more open and friendly.

Sandra stresses using EFT - internal shifting from old outdated beliefs or limiting beliefs to support and beliefs that allow you to take power from within.

Final thought from Sandra:

It starts with you and what's going on internally in you by looking at the quality of men you are attracting. Looking outside of who you attract underscores the kind if shift you need to make in your life to have positive energy and results.



## Marni Battista

Excerpts from Marni's Interview *Dating with Dignity* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Marni Battista**

“Women are blaming the circumstances: ‘There are no good men around here,’ ‘I intimidate men,’ ‘Men won’t date women my age.’”

“Once your mindset is in proper alignment, the external factors won’t matter. The formula will work.”

“Dating alone isn’t enough. Just sitting across from someone at dinner is not going to give you the information you need. I’m a big fan of the walk and talk date. Go on a hike or to a park. Men are more likely to talk when they are walking about.”

“If you are not interested in a man, it is best to be direct, but kind. ‘I know where I am in my life and what I’m looking for in a relationship and I don’t think we’re a good fit.’ The response a man gives you (positive or negative) will let you know the type of men you are attracting.”

Here are three steps to determine your readiness for the right man:

1. Are you ready to date? How’s your self-worth? Are you trapped in negative self-messaging?
2. How’s your sex appeal? Are you comfortable in your own brand of femininity?
3. Do you have dating savvy? Do you have a good on-line profile? Do you have a great picture and a good handle on communicating with men?

“When it comes to sex, the slower you go the faster you’ll get there. Your dignity is the most important thing you have. ”

“If this is the guy you want to be with forever, then when you start to have sex you’ll stop making out. Enjoy the process of rounding all the bases and keep it going. Making out is great. Take your time.” “Also, when you have sex you won’t talk as much.”

So how do you have the relationship talk? First, start with a compliment of the other person. Then explain where you are and that you desire a relationship. Ask him, “Is that you?”

Signs he might not be right for you: If his words and actions don’t match, he’s not for you. If he stretches things out on-line and delays meeting you in-person that is a bad sign.



## Katrina Sawa

Excerpts from Katrina's Interview Online Do's & Dont's from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Katrina Sawa**

Katrina emphasized to all single woman to put more love in your life by not settling for less than what you want. Not loving yourself enough may be what is slowing you down. Her online tips are essential to successful online searching and not wasting time. If you feel you are not worthy, if you let loneliness control your actions, feel not deserving you will slow yourself down or you will settle. You must think you are worthy and deserving. Make a list of who and what you want to be and determine what you must do to transform yourself.

A vital part of online dating is to treat it as a business. Treat it as a system for it is truly a numbers game. Recognize you may have to meet hundreds of men to find a man of your dreams. Don't assume for a minute that he will simply drop from a cloud. You will have to treat your online efforts as a business and in order to be successful you must dedicate time. Like a business you will want to expend your full efforts into making it work. Jump in with both feet.

Another essential tip is to make a list before you begin online efforts of all your important requirements and characteristics of everything you require in the potential man of your dreams. This helps you not settle or fail to recognize any red flag.

You must dedicate time and effort to be happy. You can't always wait for the man to contact you- be proactive and messaging yourself. Be on multiple sites – remember this is a numbers game so don't waste time. Katrina recommends an hour four nights a week. She even prepared templates for various comments so she wouldn't have to create them each time she messaged. Canned messages can pave the path more quickly to contact many more men quickly. Take your conversations from the computer and phone to meeting that person. Don't spend time with many phone conversations before you meet to determine if it is even worth the second or third date.

Attitude is key to your success. You must have confidence in you and that you are deserving and worthy. You must look within and shift your feminine abilities and attract. Place your attention on yourself to seek more happiness, love yourself and don't settle. Believe in yourself, don't be frightened to step out with confidence. Have faith. Attitude sees you through hard times of rejection and discouragement. Your positive belief system on how you see the world and what you want and deserve is important.

Don't take it personally. The man has a right to make a decision about you.

Your profile is vital to your success. Make it descriptive and detailed. Don't be too general or you will waste time with many who are not a good fit. Put it all out there like, I want children, I don't want children, I won't tolerate unfaithfulness, I go to church every Sunday and I want my companion to go with me, etc. Make it known what you will or won't settle for – narrow it down. Making your profile too general may attract more men but the weeding out is time consuming and wasted effort on those who don't fit your profile.

Your list of requirements is vitally important. Ask yourself:

- 1- What are all requirements and characteristics I want in a man?
- 2- Go through that list and star the ones you can't possible live without.
- 3- Go through that list and star the ones you can't possible live with.
- 4- For every requirement and characteristic say: I'd rather be single than without \_\_\_\_\_ name the requirement.
- 5- Circle all the absolutely must have on your list.
- 6- Am I willing to support a man while he becomes \_\_\_\_\_?  
This is a gray area perhaps not worth spending much effort hoping he will become who or what you want.

Katrina Sawa's final thought:

You deserve the man of your dreams. Don't settle for less!



## Mamoon Yusaf

Excerpts from Mamoon's Interview *The Only Thing You Need to Know to Attract Love that Lasts Forever* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>



## **Mamoon Yusaf**

Mamoon notes that he has found there is a noticeable challenge that exist for all cultures throughout the world. It is prevalent in all societies and that is confidence. Thinking the greater challenge is external is a mistake. Lack of confidence leads one to make the mistake that they must have someone in order for them to be fulfilled and happy. If you don't have confidence with your inner self then someone else cannot make you happy. Self-limiting beliefs stop you from being open and leave you needy and your barrier of needing someone else to make you happy limits you rather than compliments your confidence.

Mamoon states how important it is to be crystal clear about the love and happiness that comes from your internal thoughts of the moment. The moment you think someone else is required to make you happy you become dependent of someone else for your happiness and peace. Yet, you do need to be happy in your own power and be happy about what is going on inside of you instead of looking for external things and people. All external advice can be useful if you are completely insecure. But what is more important is about who you are. It is not someone else but what comes from inside of you. You must feel good from the inside out. The beauty, power and love you have makes it possible to share the treasure of who you are and attract the person you desire.

It is important to recognize that you are a spiritual being and as you look within this where you will find the answers. You will see who you really are when you look inside you. Your authenticity will shine through. Inside you is your natural state and your power. To understand this concept think of the question: I wonder what my next thought will be? As you seriously consider that question it takes you away from any external thoughts ideas and takes you within and present. Another question to ask is: I wonder what my next thought will be? Obviously you can't determine that in advance which underscores how you can't know what your next date, or rejection will be. The natural you is what gives you confidence and enormous power. It is the power of your confident thoughts that gives you peace. Then you are able to guarantee to yourself a love that will last forever. That power will naturally give you the abilities to move forward and naturally attract.

There is a clear message – you are loved and knowing this provides you an inner peace to know you are loved and lovable. Pause and look for the love you feel inside of you.

Mamoon Yusaf's final thought:

Remember and know the wisdom and truth is already inside of you. All the love you want is inside of you. You have a spiritual power.



# Michelle Marchant Johnson

Excerpts from Michelle's Interview *Be the One Woman He Falls Madly in Love With* from the 2015 Ready for the Right Guy Global Telesummit.)



<http://readyfortherightguy.com/vipdown/>

## **Michelle Marchant Johnson**

What makes a man fall in love with a woman? Most women have a deep desire to be loved, cherished and adored. This deep need can sometimes cause you to do things that actually sabotage your opportunity to meet and attract the right guy.

It's a faulty question as you don't make someone fall in love with you.

**Your Divine Feminine Grace.** This is a powerful magnetizing energy or feminine gift which can draw the right man in and create an atmosphere conducive to the right man falling in love with you.

It's not about manipulation or deception. In fact, it's the most real and honest state you can be in. It's all based on a foundation of you placing an exceptionally high value upon yourself. It's about being the most authentic, engaging and irresistible version of yourself!

It's a balance between softness and strength. (The concept of Steel Magnolia's comes to mind) It's not about how you look though taking care of yourself is essential. It's much more about how you feel inside as that is what will reflect on the outside. (Lightbulb example).

It's the operating system that's going on behind the scenes.

It's not about knowing the perfect thing to say or do in every interaction with a man because in truth we are always learning and growing. Sure, it can be very valuable to improve your skills in communicating with a man, knowing how to flirt, how to write an irresistible online profile, knowing how to present yourself. Yet, based on my own 43 years as a single woman and now having worked with so many women throughout the world I am convinced it's more about who you are being than what you are doing. When you are being this centered, balanced version of yourself you increase in confidence, grace and ease and knowing what to do comes more naturally.

## How do You Know You May Not be coming from the Place of Feminine Grace with men?

- 1) You are not taking good care of yourself or expressing your wants and needs
- 2) You are making decisions from a place of fear, insecurity or scarcity (afraid to trust)
- 3) You are being inauthentic
- 4) You are giving too much, receiving too little, settling for less than you want or deserve (crumbs) Struggling working too hard (rescuing)
- 5) You are leading with your sexuality
- 6) You feel unworthy of being loved, cherished and adored on some level
- 7) You are stuck in the past or projecting into the future
- 8) You see other women as competition and men as deficient or in a negative light
- 9) You have built protective walls around yourself (We build these walls consciously or subconsciously because we have grief, we have been hurt or disappointed, we have shame or we don't feel safe. We believe these walls are going to protect us. The reality is though they create loneliness and isolation which often brings more of we hoped to avoid.)
- 10) You feel the need to control

Michelle's Exclusive 3 Step Module to Attract The Right Guy:

Invite

**Two sisters from the singles congregation.**

Here's a little secret, which seems obvious and yet it sometimes gets lost: Men like women who like them. A man can sense if your overall opinion of men is critical. Men like women who are fun to be around and who is a pleasant companion.

Inspire: Here's a little secret, which seems obvious and yet it sometimes gets lost: Men like women who like them. A man can sense if your overall opinion of men is critical. Men like women who are fun to be around and who is a pleasant companion. If you want to have a man as your boyfriend or husband it is to your advantage to stay out of the competitive mode. When you try too hard to impress a man with your accomplishments you can create a competitive energy

which does not lend itself well to romance. High quality men like women who are confident and who have a clearly defined sense of who they are and what they want and need AND HERE'S the CAVIAT who knows how to express their wants and needs in a way that man can respond and hear them. A good man is looking for clues as to how he can please you. When he is able to please you this allows him to feel his masculine energy and this is a turn on to a man who wants to have a real relationship with a woman. This also creates an opportunity for him to feel competent about providing something of value to you and an opportunity to feel acknowledged, admired. Respected and appreciated. Believe me when I tell you this is a powerful turn-on and aphrodisiac for a man!

Ignite- You are like a gift that is wrapped in 10 or 20 layers. Give him an opportunity to step up to be a man. A man falls in love by doing. It also gives him the chance to feel his masculine energy and to feel needed. You don't have to be doing or over-giving. I call this concept of giving too much too fast too soon the principle of unholy giving. One of the problems that can happen if you give too much too fast too soon is that you can take away a man's initiative. If you get sexually involved too fast it can short-circuit his ability to emotionally bond with you first. There is a lot of relief in knowing you can just be. You can just relax and enjoy graciously receive his gifts and enjoy being loved cherished and adored and he will be able to recognize that his gifts and contributions are needed and appreciated. This process not only ignites his passion for you, but is part of the process a man goes through when he falls deeply in love with you.

**Please email [Michelle@LoveLifeCoaching.com](mailto:Michelle@LoveLifeCoaching.com) with any questions or if I may be of assistance.**

**Thank you for your participation in the 2015 Ready for the Right Guy Global Telesummit!**